

Virtual Drugstore: Phthalate-free Products

<http://www.ewg.org/node/21288>

Here is what we found:

Deodorant: Certain Dri Anti-Perspirant Roll-On
Dove Powder Anti-Perspirant Deodorant
Lady Speed Stick Soft Solid Anti-Perspirant
Secret Anti-Perspirant & Deodorant Platinum Protection Ambition Scent
Soft & Dri Anti-Perspirant Deodorant Clear Gel

Hair gel: Physique Extra Control Structuring Gel

Hair mousse: Finesse Touchables Silk Protein Enriched Mousse
Helene Curtis Thermasilk Heat Activated Mousse for Fine/Thin Hair
L'Oreal Paris Studio Line: Springing Curls Mousse

Hair spray: Aussie Mega Styling Spray
Helene Curtis Finesse Touchables Silk Protein Enriched
Helene Curtis Thermasilk Heat Activated Firm Hairspray
Suave Naturals Aloe Vera Extra Hold Hairspray

Nail Polish: Kiss Colors Nail Polish
L'Oreal Jet Set Nail Enamel
L'Oreal Jet-Set Quick Dry Nail Enamel
Maybelline Shades of Your Nail Color
Naturistics 90 Second Dry! Super Fast Nail Color
Revlon Nail Enamel
Revlon Super Top Speed
Urban Decay

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Phthalate-and Paraben-free Cosmetics List-Companies

Following is a list of companies that make paraben- and phthalate-free lip balms, and lotions and creams for face, hands and body. Their sunblocks, if any, use only the natural minerals zinc oxide and titanium dioxide as active ingredients, containing no synthetic, suspected hormone disrupting chemicals such as benzophenone-3, which is found in 97% of Americans' bodies.

[Aubrey Organics](#) CO

[Burts Bees](#) NPA Note: While Burt's persists in listing "fragrance," usually a tell-tale giveaway of phthalates, company reps have repeatedly assured us that their fragrances are phthalate-free. We believe Burt's; the company is a co-founder of the new Natural Products Association seal, which specifies no parabens or phthalates, and signatory of the [Compact for Safe Cosmetics](#), which pledges to not to use toxins in products.

[Dr. Bronner's Magic and Sundog](#) USDA certified organic

[Dr. Hauschka](#) , BDIH.

Dropwise <http://www.dropwise.com/>, CO

[Hawaiian Body Products](#)

[Healing Anthropology](#)

[Jason Natural Organics](#) and [Earth's Best Organic Sunblock](#)

[Juice Organics](#), 70% CO

[Karen's Botanicals](#)

[Kathy's Family](#)

Kelphead <http://www.kelphead.com/moisturizinglotionbars.htm>
(lotion comes in stroke-on bars)

Kimberly Sayer

Miessence <http://www.mionegroup.com/en/category/1>

MoonValley http://www.moonvalleyhoney.com/products/b-lotion_variety_pack.htm (lotion comes in bars)

[Origins Organics](#) ; some, but not all, of its skin care line is USDA certified organic, but most products have at least 87% CO.

[Pangea Organics](#), CO

[Planet Botanicals](#), CO [Purity Cosmetics](#)

Sensibility Soaps' [Nourish Organic](#) Body Lotions USDA certified organic

Suki , http://www.sukipure.com/product.php?product_id=21, CO, fair trade

Terressentials , <http://www.terressentials.com/fffacialcare.html>

CO, and body lotions come in flower essences or fragrance free

Weleda <http://www.usa.weleda.com/index.aspx> NPA and BDIH certified

Specific Products

We also like the following unique products that are free of the worst chemicals, although other lines by the companies may contain ingredients of concern such as parabens, phthalates, cocamidopropyl betaine and sodium cocoyl sarcosate.

[Avalon Organics Botanicals](#): Therapeutic Hand & Body Lotion with Ylang Ylang, and vitamin C and lavender [face creams](#)

[Ecco Bella](#) facial moisturizer, 70% CO; but caution, at least one of their Ecco Bella body lotions contain parabens

Kiss My Face [Obsessively Organic](#) Lime Chamomile Tighten Up Moisturizer , CO

Origins says that it has reformulated all its products to be [free of parabens](#), and that old ones on shelves will be replaced with reformulated products as they're sold. Origins Hydrating Body Lotion, has 87% CO, and the Organic Consumers Association test, below, found it had no detectable residue of 1, 4 dioxane.

[Physicians Formula](#) tinted moisturizer and foundation, SPF 15

Whole Foods 365 Everyday Value Body Lotion

Tip: Moisturizing oils are generally simpler and purer than thicker butters and potions. On the Environmental Working Group (EWG) [Skin Deep](#) database, , oils often get a greener rating than creams by the same maker.

Other Toxic Ingredients

For the lists above, we also screened for other problematic ingredients. These include ethoxylated chemicals (including PEG, propylene glycol; phenoxethanol, ethylene oxide, and sodium laureth sulfate), made by a process that can produce carcinogenic 1,4, dioxane as a byproduct. A recent [study](#) by Organic Consumers Association found 1.4 dioxane residues in many products with organic and natural on their labels. In addition, while originally based on coconut oil, cocamidopropyl betaine and sodium cocoyl sarcosate are processed in ways that may release carcinogenic nitrosamines.